

Anterior View – Static Posture Analysis

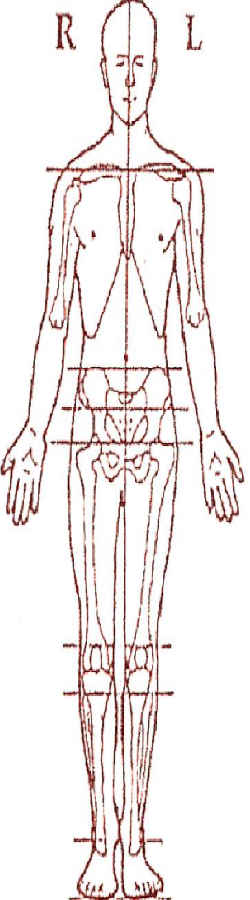
	Ear height/Head tilt/rotation
	Clavicles – levels
	Shoulders – levels
	Ribcage – level/rotated
	Arm gap – compare sides
	Iliac Crests – heights
	Knuckles – direction
	Fingertip – levels
	Knees – bowed, knocked
Feet – direction, arch, weight bearing (shoes)	

Image sourced from Physical Therapy Course Notes

Additional Notes:

Side View – Static Posture Analysis


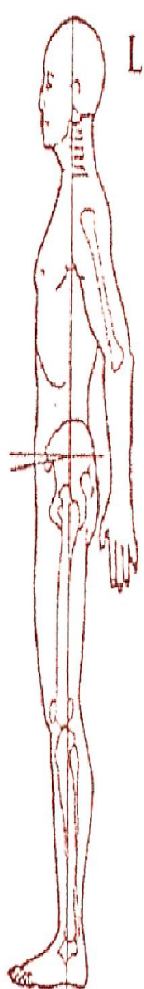
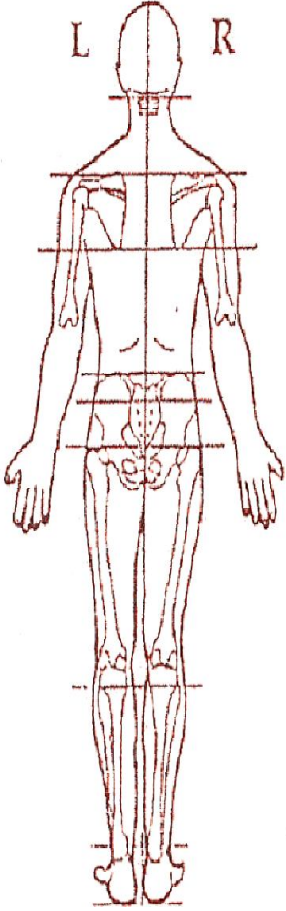
	Head position – Forward?	
	Cervical Curve - increased/decreased	
	Shoulder – Alignment (rounded/not)	
	Thoracic curve – increased/decreased	
	Lumbar curve – increased/decreased	
	Pelvis – ASIS v PSIS – tilt fwd/back	
	Knee – joint angle & alignment	
	Ankle – joint angle	

Image sourced from Physical Therapy Course Notes

Additional Notes:

Posterior View – Static Posture Analysis

	Ear height/Head tilt/rotation
	Shoulders – levels
	Scapulae – levels/prominence
	Spine – alignment (scoliosis)
	Arm gap – compare sides
	Iliac Crests – heights
	Knees – bowed, knocked
	Ankles – Fall in / out
Feet – direction, arch, weight bearing	
Image sourced from Physical Therapy Course Notes <u>Additional Notes:</u>	